

Main Pool

| | 5am | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm |
|------|-----|------|------|------------------|------------------|--------------|--------------|-------------------------|-------------|-------------------|----------------|--------------|--------------|------|-------------------|------------------|-----|------------------|------|
| MON | | WASC | | Lane Swim | Casual Swim | Aqua Fit | Casual Swim | | Lane Swim | Casual Swim | | Casual Swim | Learn 2 Swim | | Casual Swim | Winsford Turtles | | Adults Only Swim | |
| TUES | | WASC | | Lane Swim | Aqua Fit | | Casual Swim | | Lane Swim | Casual Swim | | Casual Swim | Lane Swim | | WASC | Aqua Fit | | Adults Only Swim | |
| WED | | WASC | | Lane Swim | 50+ Swim | Aqua Fit | | Lane Swim | Casual Swim | | U16s Free Swim | Aqua Fit | Learn 2 Swim | | Casual Swim | WASC | | Adults Only Swim | |
| THUR | | WASC | | Lane Swim | Aqua Fit | Wet 'n' Wild | | Lane swim | Casual Swim | | Casual Swim | Learn 2 Swim | Masters Swim | | Lane Swim | WASC | | Sub Aqua | |
| FRI | | WASC | | Lane Swim | Ladies Only Swim | Aqua Fit | | Lane Swim | Casual Swim | | U16s Free Swim | Casual Swim | Casual Swim | | Family Saver Swim | WASC | | Adults Only Swim | |
| SAT | | | WASC | Adults Only Swim | Casual Swim | | Wet 'n' Wild | Pool available for hire | | Casual Swim | | Casual Swim | | WASC | | | | | |
| SUN | | | | Adults Only Swim | | Casual Swim | | Casual Swim | | Learn 2 Swim Kids | | | WASC | | | | | | |

Small Pool

| | 5am | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm |
|------|-----|-----|-----|-----|-----|---------------------------|--------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------|------------------|-----|------|------|
| MON | | | | | | Swim courses | | Family Fun Swim Session 1 | | Family Fun Swim Session 2 | | Family Fun Swim Session 3 | | Family Fun Swim Session 4 | | Winsford Turtles | | | |
| TUES | | | | | | Swim courses | | Family Fun Swim Session 1 | | Family Fun Swim Session 2 | | | Learn 2 Swim | | Learn 2 Swim | | | | |
| WED | | | | | | Swim courses | | Family Fun Swim Session 1 | | U16s Free Swim | Family Fun Swim | | Learn 2 Swim Kids | | Family Saver Swim | | | | |
| THUR | | | | | | Family Fun Swim | Wet 'n' Wild | | Family Fun Swim Session 1 | | Family Fun Swim Session 2 | | Learn 2 Swim | | Family Saver Swim | | | | |
| FRI | | | | | | Family Fun Swim Session 1 | | Family Fun Swim Session 2 | | U16s Free Swim | Family Fun Swim | | Learn 2 Swim | | Family Saver Swim | | | | |
| SAT | | | | | | Learn 2 Swim | | Wet 'n' Wild | Pool available for hire | Casual Swim | Family Fun Swim Session 1 | | Family Fun Swim Session 2 | | | | | | |
| SUN | | | | | | Family Fun Swim Session 1 | | Family Fun Swim Session 2 | | Family Fun Swim Session 3 | | | Learn 2 Swim | | | | | | |



- Under 8's - Please refer to admissions policy
- Please note - pre-booking is advised for all fitness classes
- Session dividers in this timetable are not representative of the pool layout

Pool Closed 2hr Maximum Swim