Brio Swim

Monday 3 September - Sunday 16 December

Main Pool

	5am–9am	9am–10am	10am–11am	11am–12pm	12pm–1pm	1pm–2pm	2pm–3pm	3pm–4pm	4pm–5pm	5pm–6pm	6pm–7pm	7pm–8pm	8pm–9pm	9pm–10pm	10pm–11pm
MON	Early Risers Lane Swim	Lane Swim	School Swim	Lane Swim	School Swim	Lane Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Aqua Jog (Deep end)	EPASC (6 Lanes)	EPASC		
		Training Lane										Lane Swim			
		Casual Swim													
TUES	Early Risers Lane Swim	Lane Swim	School Swim	Lane Swim	School Swim	Lane Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Aqua Fit	HIIT	Aqua Dis	Sub Aqua	
		Training Lane									Aqua Jog (Deep end)	Lane Swim			
		Casual Swim													
WED	Early Risers Lane Swim	Lane Swim	School Swim	Lane Swim	School Swim	Lane Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	L2S Adults	EPASC (2 lanes)			
		Training Lane										Swim Fit	Swim Fit	Lane Swim	
		Casual Swim													
THUR	Early Risers Lane Swim	Lane Swim	School Swim	Aqua Fit	Lane Swim	School Swim	Lane Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Aqua Dance	Lane Swim			
		Casual Swim		Casual Swim (deep end only)	Training Lane						Ladies Only Swim	Triathalon Technique Training	Lane Swim		
					Casual Swim										
FRI	Early Risers Lane Swim	Aqua Zumba	Casual Swim		School Swim	Lane Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	EPASC (6 lanes)		Lane Swim		
		Ladies Only Swim	Training Lane												
		Lane Swim	NTC Session	Casual Swim											
SAT	L2S	Learn 2 Swim			Lane Swim	Swim Test	Wet 'n' Wild		Pool Available for Private Hire						
	EPASC	Training Lane			Casual Swim										
	Early Riser Lane Swim	Casual Swim													
SUN	Early Riser Lane Swim	Learn 2 Swim			Lane Swim	Family Fun Swim		Aqua Fit	Learn 2 Swim	EPASC		EPASC Masters			
		Training Lane							Lane Swim						
		Casual Swim													

POOL AND FUEL*

Small Pool

	5am–10am	10am–11am	11am–12pm	12pm–1pm	1pm–2pm	2pm–3pm	3pm–4pm	4pm–5pm	5pm–6pm	6pm–7pm	7pm–8pm	8pm–9pm	9pm–10pm
MON		School Swim	L2S	Fun & Floats	School Swim		Casual Swim	Learn 2 Swim					
TUES		School Swim		Fun & Floats	School Swim		Casual Swim	Learn 2 Swim					
WED		School Swim		Fun & Floats	School Swim		Casual Swim	Learn 2 Swim					
THUR		School Swim		Fun & Floats	School Swim		Casual Swim	Learn 2 Swim					
FRI		Fun and Floats	L2S Adult & Child	Swim-a-Song	L2S Adult & Child	Swim-a-Song	L2S Kids	School Swim	Casual Swim	Learn 2 Swim			
SAT		Learn 2 Swim Kids			Casual Swim		Wet 'n' Wild**						
SUN		Learn 2 Swim Kids			Casual Swim		Family Fun Swim		Learn 2 Swim				

*RECHARGE AFTER YOUR SWIM FOR JUST £1.50 T&C's Apply

- ** No inflateable in the small pool
- L2S - Learn 2 Swim
- Under 16's only on the inflatable
- Under 8's - Please refer to admissions policy
- Please note - pre-booking is advised for all fitness classes
- Session dividers in this timetable are not representative of the pool layout
- Swim test Children aged 8 and under must complete a 50m swim test before being allowed on the pool inflatable

* **Pool & Fuel are our sessions where you can grab a bite to eat after a swim for just £1.50 more**

Pool and Fuel | Pool Closed | **2hr Maximum Swim**

www.brioleisure.org/timetables

At the heart of life