



REMEMBER TO USE  
**ENTRANCE B**  
FOR ALL SWIMMING BOOKINGS

# Northwich Memorial Court Swim Timetable

MONDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Aqua Fit
10.30am - 11.15am Main Pool	Aqua Fit
11.30am - 12.15pm Main Pool	Lane Swim
11.30am - 12.15pm Small Pool	Family Swim
2.30pm - 3.15pm Main Pool	Lane Swim

TUESDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Aqua Fit
10.30am - 11.15am Main Pool	Lane Swim
11.30am - 12.15pm Main Pool	Lane Swim
11.30am - 12.15pm Small Pool	Family Swim
6.30pm - 7.15pm Small Pool	Aqua Jog
6.30pm - 7.15pm Main Pool	Family Swim
7.30pm - 8.15pm Small Pool	Aqua HIIT
7.30pm - 8.15pm Main Pool	Lane Swim
8.30pm - 9.15pm Small Pool	Aqua Cycle
8.30pm - 9.15pm Main Pool	Lane Swim

WEDNESDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Aqua Fit
10.30am - 11.15am Main Pool	Aqua Fit
11.30am - 12.15pm Main Pool	Lane Swim
11.30am - 12.15pm Small Pool	Family Swim
2.30pm - 3.15pm Main Pool	Lane Swim

THURSDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Aqua Fit
10.30am - 11.15am Main Pool	Lane Swim
11.30am - 12.15pm Main Pool	Lane Swim
11.30am - 12.15pm Small Pool	Family Swim
12.30pm - 1.15pm Main Pool	Lane Swim
12.30pm - 1.15pm Small Pool	Family Swim
6.30pm - 7.15pm Small Pool	Aqua Jog
6.30pm - 7.15pm Main Pool	Masters Swim
7.30pm - 8.15pm Small Pool	Aqua HIIT
7.30pm - 8.15pm Main Pool	Lane Swim
8.30pm - 9.15pm Small Pool	Aqua Cycle
8.30pm - 9.15pm Main Pool	Lane Swim

FRIDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Aqua Fit
10.30am - 11.15am Main Pool	Aqua Fit
11.30am - 12.15pm Main Pool	Lane Swim
11.30am - 12.15pm Small Pool	Family Swim
12.30pm - 1.15pm Main Pool	Lane Swim
12.30pm - 1.15pm Small Pool	Family Swim
3.30pm - 4.15pm Main Pool	Lane Swim
4.30pm - 5.15pm Main & Small Pool	Family Swim
8.30pm - 9.15pm Main Pool	Lane Swim

### Flume opening times

Saturday	2.15pm - 3.00pm
Sunday	9.00am - 3.45pm

SATURDAY	
8.00am - 8.45am Main Pool	Lane Swim
2.15pm - 3.00pm Main & Small Pool	Family Swim
3.15pm - 4.00pm Main Pool	Lane Swim

SUNDAY	
8.00am - 8.45am Main Pool	Lane Swim
9.00am - 9.45am Main & Small Pool	Family Swim
10.00am - 10.45am Main & Small Pool	Family Swim
11.00am - 11.45am Main & Small Pool	Family Swim
12.00pm - 12.45pm Main & Small Pool	Family Swim
1.00pm - 1.45pm Main & Small Pool	Family Swim
2.00pm - 2.45pm Main Pool	Lane Swim
3.00pm - 3.45pm Main & Small Pool	Disability Swim

## We've changed the way you visit our centres!

Be sure to check our website before you leave home to make sure you've got the most up to date information about our centres, how we are making our centres safe for customers and your new brio journey.

[brioleisure.org/welcomeback](http://brioleisure.org/welcomeback)

PRE-BOOKING  
IS REQUIRED  
FOR ALL  
SESSIONS