

Main Pool

	5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	
MON					Lane Swim	Casual Swim														
TUES	WASC	Early Risers Lane Swim		Aqua Fit	Casual swim	Distance Swim	Rookie Lifeguard	Adults Only Lane Swim	Casual Swim		Wet 'n' Wild	Casual Swim Session 1	Casual Swim Session 2	WASC	Aqua Fit	Adults Only Swim				
WED	WASC	Early Risers Lane Swim		50+ Swim	GP Aqua Fit	Casual Swim		Adults Only Lane Swim	U16s Free Swim	Aqua Fit	Learn 2 Swim Kids	Casual Swim	WASC			Adults Only Swim				
THUR	WASC	Early Risers Lane Swim		GP Aqua Fit	Wet 'n' Wild	Casual Swim Session 1	Family Aqua Fit	Casual Swim Session 2	Learn 2 Swim Kids	Masters Swim	Lane Swim	WASC		Sub Aqua						
FRI	WASC	Early Risers Lane Swim		Ladies only Swim	Aqua Fit	Rookie Lifeguard	Adults Only Lane Swim	Casual Swim		U16s Free Swim	Casual Swim Session 1	Casual Swim Session 2	Family Fun Swim	WASC		Adults Only Swim				
SAT	WASC		Adults only Lane Swim	Casual Swim	Pool Available for Private Hire	Wet 'n' Wild	Casual Swim Session 1	Casual Swim Session 2	WASC											
SUN				Adults only Lane Swim	Casual Swim Session 1	Casual Swim Session 2	Casual Swim Session 3	Learn 2 Swim Kids	WASC											

Small Pool

	5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	
MON					Family Fun Swim Session 1	Family Fun Swim Session 2	Family Fun Swim Session 3													
TUES					Family Fun Swim	Learn 2 Swim Tots	Family Fun Swim	Wet 'n' Wild	Casual Swim	Learn 2 Swim Kids										
WED					Family Fun Swim	Learn 2 Swim Tots	Casual Swim	U16s Free Swim	Casual Swim	Learn 2 Swim Kids	Family Fun Swim									
THUR					Family Fun Swim	Wet 'n' Wild	Casual Swim				Learn 2 Swim Kids	Family Fun Swim								
FRI					Family Fun Swim	Swim-a-Song	Learn 2 Swim Tots	Baby Splash	U16s Free Swim	Casual Swim	Learn 2 Swim Kids	Family Fun Swim								
SAT					Learn 2 Swim Kids	Learn 2 Swim Tots	Pool available for Party Hire	Wet 'n' Wild	Casual Swim Session 1	Casual Swim Session 2										
SUN					Casual Swim Session 1	Casual Swim Session 2	Casual Swim Session 3	Learn 2 Swim Kids												



- Under 8's - Please refer to admissions policy
- Please note - pre-booking is advised for all fitness classes
- Session dividers in this timetable are not representative of the pool layout

Pool Closed 2hr Maximum Swim