

Rudheath Leisure Centre Fitness Class Timetable

January - April 2019

TUESDAY

6.00pm - 7.00pm
Heather

Zumba

THURSDAY

6.00pm - 6.45pm
Heather

Brio Dance

7.00pm - 8.00pm
Heather

Brio Burn

**FREE
FOR BRIO
MEMBERS**

Opening Times

Mon-Thur 5.00pm - 10.00pm

Friday 5.00pm - 10.15pm

Saturday 9.00am - 8.00pm

Sunday 9.00am - 10.00pm

Bank Holidays Closed

Timetable is subject to change. Although correct at time of press the best way to stay up to date is through our website, our Facebook page or on Twitter.

At the heart of life