

### Leisure Pool

	5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm
MON			Lane Swim		Lane Swim							Training Lane	Casual Swim		Aqua Jog*	Canoe Lessons			
TUES			Lane Swim		Lane Swim	L2S A&C + Tots	Swim-a-song					Training Lane	Casual Swim		L2S	Canoe Lessons			
WED			Lane Swim		Lane Swim		Fun & Floats					Training Lane	Casual Swim			Lane Swim			
THUR			Lane Swim		Lane Swim	L2S A&C + Tots	Swim-a-song					Training Lane	Casual Swim		L2S Syncro	L2S Syncro	Lane Swim		
FRI			Lane Swim		Lane Swim							Training Lane	Casual Swim			Lane Swim			
SAT				Lane Swim	L2S Adult & Child								Casual Swim	Pool available for hire	Canoe Lessons				
SUN					Life Saving Club	L2S A&C							Casual Swim	Pool available for hire	Canoe Lessons				

### Training Pool

	5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm
MON						School Swim	Aqua Fit	Learn 2 Swim Adults	School Swim				Learn 2 Swim Kids			Chester Terrapins Disabled Swim Club	Lane Swim		
TUES							Aqua Fit		School Swim				Learn 2 Swim Kids			Learn 2 Swim Adult	Lane Swim		
WED						School Swim	Aqua Mitt		School Swim			Learn 2 Swim Kids		Aqua Fit	Swim Fit				
THUR						Aqua Zumba	Splash Swim	Learn 2 Swim Adults					Learn 2 Swim Kids				Learn 2 Swim Adult		
FRI						Learn 2 Swim Adult & Child		Drop in Swim Clinic	School Swim				Learn 2 Swim Kids						
SAT						Learn 2 Swim Kids								Lane Swim					
SUN				Early Risers Lane Swim		Learn 2 Swim Kids								ASKA Swim Club					



- Under 8's - Please refer to admissions policy
- Please note - pre-booking is advised for all fitness classes
- Session dividers in this timetable are not representative of the pool layout

Pool Closed
  Flume Open
 2hr Maximum Swim