



# ENTRANCE A

# Ellesmere Port Sports Village Swim Timetable

MONDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Lane Swim
10.30am - 11.15am Main Pool	Lane Swim
11.30am - 12.15pm Main Pool	Lane Swim
12.30pm - 1.15pm Main & Small Pool	Family Swim
12.40pm - 1.10pm Main Pool	Floatfit HIIT®
1.20pm - 1.50pm Main Pool	Floatfit Balance®
1.30pm - 2.15pm Main & Small Pool	Family Swim
2.30pm - 3.15pm Main Pool	Lane Swim
3.30pm - 4.15pm Main Pool	Lane Swim
4.30pm - 5.15pm Main Pool	Lane Swim
5.30pm - 6.15pm Main Pool	Lane Swim
6.30pm - 7.15pm Main Pool	Aqua Fit
7.30pm - 8.15pm Main Pool	Lane Swim
8.30pm - 9.15pm Main Pool	Lane Swim

TUESDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Lane Swim
10.30am - 11.15am Main Pool	Lane Swim
11.30am - 12.15pm Main Pool	Lane Swim
12.30pm - 1.15pm Main & Small Pool	Family Swim
1.30pm - 2.15pm Main & Small Pool	Family Swim
2.30pm - 3.15pm Main Pool	Lane Swim
3.30pm - 4.15pm Main Pool	Lane Swim
4.30pm - 5.15pm Main Pool	Lane Swim
5.30pm - 6.15pm Main Pool	Lane Swim
6.30pm - 7.15pm Main Pool	Aqua Fit
7.30pm - 8.15pm Main Pool	Lane Swim
8.30pm - 9.15pm Main Pool	Lane Swim

WEDNESDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Lane Swim
10.30am - 11.15am Main Pool	Lane Swim
11.30am - 12.15pm Main Pool	Lane Swim
12.30pm - 1.15pm Main & Small Pool	Family Swim
12.40pm - 1.10pm Main Pool	Floatfit HIIT®
1.20pm - 1.50pm Main Pool	Floatfit Balance®
1.30pm - 2.15pm Main & Small Pool	Family Swim
2.30pm - 3.15pm Main Pool	Lane Swim
3.30pm - 4.15pm Main Pool	Lane Swim
4.30pm - 5.15pm Main Pool	Lane Swim
5.30pm - 6.15pm Main Pool	Lane Swim
7.00pm - 7.30pm Main Pool	Floatfit HIIT®
7.45pm - 8.15pm Main Pool	Floatfit Balance®
8.30pm - 9.15pm Main Pool	Lane Swim

THURSDAY	
6.30am - 7.00am Main Pool	Floatfit HIIT®
7.15am - 7.45am Main Pool	Floatfit Balance®
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Lane Swim
10.30am - 11.15am Main Pool	Lane Swim
11.30am - 12.15pm Main Pool	Aqua Fit
12.30pm - 1.15pm Main & Small Pool	Family Swim
1.30pm - 2.15pm Main & Small Pool	Family Swim
2.30pm - 3.15pm Main Pool	Lane Swim
3.30pm - 4.15pm Main Pool	Lane Swim
4.30pm - 5.15pm Main Pool	Lane Swim
5.30pm - 6.15pm Main Pool	Lane Swim
6.30pm - 7.15pm Main Pool	Lane Swim
7.30pm - 8.15pm Main Pool	Aqua Fit
8.30pm - 9.15pm Main Pool	Lane Swim

FRIDAY	
6.30am - 7.15am Main Pool	Lane Swim
7.30am - 8.15am Main Pool	Lane Swim
8.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.15am Main Pool	Aqua Zumba
10.30am - 11.15am Main Pool	Lane Swim
11.30am - 12.15pm Main Pool	Lane Swim
12.30pm - 1.15pm Main & Small Pool	Family Swim
12.40pm - 1.10pm Main Pool	Floatfit HIIT®
1.20pm - 1.50pm Main Pool	Floatfit Balance®
1.30pm - 2.15pm Main & Small Pool	Family Swim
2.30pm - 3.15pm Main Pool	Lane Swim
3.30pm - 4.15pm Main Pool	Lane Swim
4.30pm - 5.15pm Main Pool	Lane Swim
5.30pm - 6.15pm Main Pool	Lane Swim
6.30pm - 7.15pm Main Pool	Lane Swim
7.30pm - 8.15pm Main Pool	Lane Swim
8.30pm - 9.15pm Main Pool	Lane Swim

• Pool admissions policy applies to all sessions

## We've changed the way you visit our centres!

Be sure to check our website before you leave home to make sure you've got the most up to date information about our centres, how we are making our centres safe for customers and your new brio journey.

[brioleisure.org/welcomeback](http://brioleisure.org/welcomeback)

**PRE-BOOKING IS REQUIRED FOR ALL SESSIONS**

SATURDAY	
9.00am - 9.45am Main Pool	Lane Swim
10.00am - 10.45am Main Pool	Lane Swim
11.00am - 11.45am Main & Small Pool	Family Swim
12.00pm - 12.45pm Main & Small Pool	Family Swim
1.00pm - 1.45pm Main & Small Pool	Family Swim
2.00pm - 2.45pm Main & Small Pool	Family Swim
3.00pm - 3.45pm Main Pool	Lane Swim

SUNDAY	
8.00am - 8.45am Main Pool	Lane Swim
9.00am - 9.45am Main Pool	Lane Swim
10.00am - 10.45am Main Pool	Lane Swim
11.00am - 11.45am Main & Small Pool	Family Swim
12.00pm - 12.45pm Main & Small Pool	Family Swim
12.15pm - 12.45pm Main Pool	Floatfit HIIT®
12.55pm - 1.25pm Main Pool	Floatfit Balance®
1.00pm - 1.45pm Main & Small Pool	Family Swim
3.00pm - 3.45pm Main Pool	Aqua Fit