

# Ellesmere Port Sports Village Swim Timetable October Half Term

MONDAY	
6.30am - 9.15am Main Pool	Lane Swim
9.30am - 11.30am Main & Small Pool	Family Fun Swim
12.00pm - 2.00pm Main Pool	Lane Swim
12.00pm - 2.00pm Small Pool	Casual Swim
2.00pm - 3.30pm Main Pool	Casual Swim
3.45pm - 5.45pm Main Pool	Lane Swim
7.15pm - 8.00pm Main Pool	Aqua Fit
8.15pm - 9.15pm Main Pool	Lane Swim

TUESDAY	
6.30am - 9.15am Main Pool	Lane Swim
9.30am - 12.00pm Main Pool	Family Fun Swim
9.30am - 11.00am Small Pool	Family Fun Swim
12.00pm - 12.30pm Small Pool	Swim-a-Song
12.00pm - 2.00pm Main Pool	Casual Swim
2.00pm - 3.30pm Main Pool	Lane Swim
2.00pm - 3.30pm Small Pool	Casual Swim
3.45pm - 5.30pm Main Pool	Lane Swim
7.15pm - 8.00pm Main Pool	Aqua Fit
8.15pm - 9.15pm Main Pool	Lane Swim

WEDNESDAY	
6.30am - 9.15am Main Pool	Lane Swim
9.30am - 10.30am Main & Small Pool	Family Fun Swim
11.00am - 12.00pm Main Pool	Disability Swim/Private Hire
12.30pm - 3.30pm Main Pool	Casual Swim
3.45pm - 5.45pm Main Pool	Lane Swim
7.15pm - 7.45pm Main Pool	Floatfit HIIT®
7.45pm - 8.15pm Main Pool	Floatfit Balance®

THURSDAY	
6.30am - 9.15am Main Pool	Lane Swim
9.30am - 11.30am Main Pool	Family Fun Swim
11.35am - 12.25pm Main Pool	Aqua Fit
1.00pm - 2.00pm Main Pool	Lane Swim
1.00pm - 2.00pm Small Pool	Casual Swim
2.30pm - 3.30pm Main & Small Pool	Casual Swim
7.05pm - 7.50pm Main Pool	Aqua Fit
8.00pm - 9.00pm Main Pool	Triathlon Technique Training
8.15pm - 9.00pm Main Pool	Lane Swim

FRIDAY	
6.30am - 9.15am Main Pool	Lane Swim
9.20am - 10.05am Main Pool	Aqua Dance
9.30am - 11.00am Small Pool	Fun & Floats
10.15am - 12.30pm Main Pool	Fun & Floats
1.00pm - 2.00pm Small Pool	Casual Swim
1.00pm - 3.00pm Main Pool	Lane Swim

SATURDAY	
9.45am - 11.45am Main Pool	Lane Swim
1.00pm - 2.00pm Main Pool	Casual Swim
2.00pm - 4.00pm Main Pool	Lane Swim

SUNDAY	
9.30am - 12.00pm Main Pool	Lane Swim
1.00pm - 2.00pm Small Pool	Fun & Floats
3.10pm - 3.55pm Main Pool	Aqua Fit

- Pool admissions policy applies to all sessions

Be sure to check our website before you leave home to make sure you've got the most up to date information about our centres.

[brioleisure.org](http://brioleisure.org)

