FRODSHAM LEISURE CENTRE

WELCOME INFORMATION

There are plenty of ways for the whole family to get fit and have fun at Frodsham Leisure Centre!

You can workout in our gym or enjoy one of the group fitness classes for that added motivation! Frodsham is also home to squash courts and a sports hall. Tucked away you will find an indoor skateboarding room perfect for the kids to practice their tricks!

FIRE EXIT LOCATIONS

Located in the gym.

LOCKER LOCATIONS

Currently not in use.

LOCKER COIN

Currently not in use.

WATER DISPENSER LOCATIONS

Currently not in use.

CLOSEST TOILETS

Outside the gym entrance
(male, female, accessible)