

Neston Recreation Centre Swim Timetable

MONDAY

6.30am - 9.30am	Lane Swim
9.45am - 10.30am	Fun & Floats
10.30am - 11.30am	Aqua Fit
11.45am - 12.45pm	Lane Swim
3.00pm - 3.45pm	Lane Swim
8.30pm - 10.00pm	Lane Swim

TUESDAY

6.30am - 9.30am	Lane Swim
10.45am - 11.30am	Family Swim
11.45am - 12.45pm	Lane Swim
3.00pm - 3.45pm	Lane Swim
7.30pm - 8.30pm	Aqua Fit
8.30pm - 10.00pm	Lane Swim

WEDNESDAY

6.30am - 9.30am	Lane Swim
11.45am - 12.45pm	Lane Swim
3.00pm - 3.45pm	Lane Swim

THURSDAY

6.30am - 9.30am	Lane Swim
9.45am - 10.30am	Fun & Floats
10.30am - 11.30am	Aqua Fit
11.45am - 12.45pm	Lane Swim
2.45pm - 3.45pm	Lane Swim
9.15pm - 10.00pm	Lane Swim

FRIDAY

6.30am - 9.30am	Lane Swim
9.30am - 10.00am	Swim-a-Song
10.30am - 11.00am	Swim-a-Song
11.45am - 12.45pm	Lane Swim
1.00pm - 2.00pm	Family Swim
2.30pm - 3.30pm	Aqua Fit
6.30pm - 7.30pm	Casual Swim

SATURDAY

11.45am - 12.45pm	Lane Swim
1.00pm - 2.15pm	Casual Swim
2.30pm - 3.30pm	Fun & Floats
3.45pm - 4.45pm	Fun & Floats
5.00pm - 7.00pm	Pool Available for Hire

SUNDAY

9.00am - 10.00am	Lane Swim
10.15am - 11.30am	Fun & Floats
11.45am - 12.45pm	Lane Swim
3.15pm - 4.00pm	Casual Swim

- Pool admissions policy applies to all sessions

Be sure to check our website before you leave home to make sure you've got the most up to date information about our centres.

brioleisure.org

