

Ellesmere Port Sports Village Swim Timetable

MONDAY

6.30am - 9.15am Main Pool	Lane Swim
9.30am - 11.30am Main Pool	Casual Swim
11.30am - 12.30pm Main Pool	Lane Swim
11.30am - 12.30pm Small Pool	Fun & Floats
1.00pm - 2.30pm Main Pool	Casual Swim
1.00pm - 2.30pm Main Pool	Training Lane
2.30pm - 3.30pm Main Pool	Lane Swim
2.30pm - 3.30pm Small Pool	Fun & Floats
3.45pm - 5.45pm Main Pool	Casual Swim
6.15pm - 7.00pm Main Pool	Lane Swim
7.15pm - 8.00pm Main Pool	Aqua Fit
8.15pm - 9.00pm Main Pool	Lane Swim

TUESDAY

8.30am - 9.15am Main Pool	Lane Swim
9.30am - 11.30am Main Pool	Casual Swim
11.30am - 12.45pm Main Pool	Lane Swim
12.00pm - 12.30pm Small Pool	Swim-a-Song
12.45pm - 3.30pm Main Pool	Casual Swim
12.45pm - 3.30pm Main Pool	Training Lane
3.45pm - 5.30pm Main Pool	Casual Swim
7.15pm - 8.00pm Main Pool	Aqua Fit
8.15pm - 9.15pm Main Pool	Aqua Dis
8.15pm - 9.15pm Main Pool	Lane Swim

WEDNESDAY

6.30am - 9.15am Main Pool	Lane Swim
9.30am - 11.30am Main Pool	Casual Swim
11.30am - 12.45pm Main Pool	Lane Swim
11.30am - 12.45pm Small Pool	Fun & Floats
1.00pm - 3.30pm Main Pool	Casual Swim
1.00pm - 3.30pm Main Pool	Training Lane
7.15pm - 7.45pm Main Pool	Floatfit HIIT®
7.45pm - 8.15pm Main Pool	Floatfit Balance®

THURSDAY

6.30am - 9.15am Main Pool	Lane Swim
9.30am - 11.30am Main Pool	Casual Swim
11.35am - 12.25pm Main Pool	Aqua Fit
11.45am - 12.30pm Small Pool	Fun & Floats
1.00pm - 3.30pm Main Pool	Casual Swim
1.00pm - 3.30pm Main Pool	Training Lane

FRIDAY

6.30am - 9.15am Main Pool	Lane Swim
9.20am - 10.05am Main Pool	Aqua Dance
9.30am - 12.15pm Small Pool	Fun & Floats
10.15am - 12.15pm Main Pool	Lane Swim
11.15am - 12.15pm Main Pool	NTC Session
1.00pm - 3.00pm Main Pool	Casual Swim

SATURDAY

9.45am - 11.45am Main Pool	Casual Swim
10.45am - 11.45am Main Pool	Training Lane
1.00pm - 2.00pm Main & Small Pool	Family Fun Swim
2.00pm - 4.00pm Main Pool	Lane Swim
2.00pm - 4.00pm Small Pool	Fun & Floats

SUNDAY

9.30am - 12.30pm Main Pool	Casual Swim
12.45pm - 2.00pm Main Pool	Lane Swim
3.10pm - 3.55pm Main Pool	Aqua Fit

- Pool admissions policy applies to all sessions

Be sure to check our website before you leave home to make sure you've got the most up to date information about our centres.

brioleisure.org

